

Name	Address	Phone Number	Website	Summary of Services
911		911		Dialing 911 quickly connects a caller to a nearby Public Safety Answering Point (PSAP) dispatcher who is trained to route your call to local emergency medical, fire, and law enforcement agencies
211 OKLAHOMA		Call - 211 or Text 211OK to 898211	211oklahoma.org	2-1-1 Oklahoma will enable everyone to get help or provide help. 2-1-1 Oklahoma offers information and referral across the spectrum of human need, including but not limited to rental assistance, food pantries, affordable housing, health resources, child care, after-school programs, caregiver support, financial programs, literacy, and job programs.
HEARTLINE	3801 N.W. 63rd St., Bldg. 1 Oklahoma City, OK 73116	833.885.CARE (2273)	https://heartlineoklahoma.org/youth-crisis-mobile-response	Our highly trained and caring team can connect you with: Immediate care and crisis intervention on the phone Local mental health professionals coming to your home in 1 to 24 hours Follow-up care and resources
REACH OUT HOTLINE	Department of Mental Health and Substance Abuse Services 2000 N. Classen Blvd, Ste 2-600 Oklahoma City , OK 73106	1-800-522-9054	https://www.okdrs.gov/guide/reach-out	Reachout Hotline (1-800-522-9054) is a 24-hour hotline for information or referrals regarding mental health and substance abuse issues.
NATIONAL SUICIDE PREVENTION LIFELINE		1-800-273-8255	https://suicidpreventionlifeline.org/	The National Suicide Prevention Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week.
OKLAHOMA CHILD ABUSE HOTLINE		1-800-522-3511	https://oklahoma.gov/health/family-health/family-support-and-prevention-service/oklahoma-child-abuse-hotline.html	If you suspect abuse or neglect, call your local Department of Human Services or the Oklahoma Child Abuse Hotline: 1-800-522-3511
Latino Community Development Agency	420 S.W. 10th St. Oklahoma City , OK 73109	405-236-0701	https://lcdaok.com/	CARF - Accredited Program: Case Management/Services Coordination: Alcohol and Other Drugs/Addictions (Children and Adolescents); Case Management/Services Coordination: Mental Health (Adults); Outpatient Treatment: Alcohol and Other Drugs/Addictions (Children and Adolescents); Prevention/Diversion: Mental Health (Adults); and Prevention/Diversion - Alcohol and Other Drugs/Addictions (Adults).
YWCA	2460 NW 39th St., Oklahoma City, OK 73112	405-948-1770	https://www.ywcaokc.org/	Our Vision: Providing help and hope to victims of domestic violence, sexual assault and stalking in central Oklahoma.
North Care	2617 General Pershing Blvd. Oklahoma City, OK 73107	(405)858-2700	https://www.northcare.com/	NorthCare offers a variety of services for children, adults, and families, designed to help you, your child, and your family recover from mental illness, substance use, trauma, or crisis to live a life in recovery.
Catholic Charaties	1232 N. Classen Blvd. Oklahoma City, OK 73106	Phone: 405.523.3000 Toll-Free: 800.375.8514 Fax: 405.523.3030	https://www.catholiccharitiesok.org/	Catholic Charities has adapted to changing times and trends in delivery of social services. We still provides the following direct services: pre- and post-adoption services pregnancy counseling marriage, family and individual counseling immigration legal services refugee resettlement emergency rent and utility assistance disaster relief homeless services faith community nursing parish outreach

A Chance to Change	2113 WEST BRITTON ROAD, THE VILLAGE, OK, 73120,	(405) 840-9000	https://achancetochange.org/	If you are looking for counseling for behavioral health or addiction disorders, A Chance to Change is here to help you and your entire family find healing.
HOPE Community Services	Wellness & Recovery Buildings 6100 S. Walker Ave. Oklahoma City, OK 73139 Shields Building 4720 S. Shields Blvd. Oklahoma City, OK 73129	Main Tel: 405-634-4400 Administrative Office Fax: 405-632-1976 Medical Records Fax: 405-634-9648	https://www.hopecsi.org/	To be a progressive leader in the community providing innovative and supportive mental health and addiction programs that are responsive, efficient, and effective in delivering trauma and recovery focused services to improve the quality of life for children, families, and adults in our community.
C.A.R.E. for Change	C.A.R.E. For Change, Inc. 3621 N. Kelley Ave., Suite 100 OKC, OK 73111	Phone: 405.524.5525 Fax: 405.524.5528 For emergency, please call: 405.204.6963 (Available 24 hours)	https://www.careforchange.org/	C.A.R.E. For Change, Inc. has programs designed to provide intensive and extended substance abuse services to children, adults and their families. Everyone is eligible for services at CARE for Change including individuals participating in the DHS(Department of Human Service) TANF program, and the judicial systems. CARE focuses on issues and problems related to abuse, and or dependency of drugs and/or alcohol.
Oklahoma Network of Care	Web Service	Web Service	https://oklahoma.networkofcare.org/mh/index.aspx	The Oklahoma Network of Care is provided by the Oklahoma Department of Mental Health and Substance Abuse Services. This Web site is a resource for individuals, families and agencies concerned with mental health and substance abuse. Regardless of where you begin your search, the Network of Care helps ensure that there is "No Wrong Door" for those who need services.
Residential Treatment Facilities:				

<p>Red Rock Behavioral Services</p>		<p>405-424-7711 or Toll Free 1-855-999-8055. In Crisis Now? Call 405- 987-ROCK (7625)</p>	<p>https://www.red-rock.com/</p>	<p>OKLAHOMA CITY 4400 N. LINCOLN BLVD. OKLAHOMA CITY, OK 73105 (405) 424-7711 Regional Program Director: Rachel Graham</p> <p><i>Mental Health Court</i>, outpatient therapy services, case management services, screening intake and referral services, psychiatric rehabilitation services, medication clinic services, services to homeless individuals, peer support services, emergency services, wellness activities and support, Health Team services</p> <p>OKLAHOMA CITY 4300 N. LINCOLN BLVD. OKLAHOMA CITY, OK 73105 (405) 424-7711 Clinical Director: Cyd Oakes</p> <p><i>Medication Assisted Treatment (MAT Clinic)</i> Red Rock MAT program is an office-based outpatient therapy service which includes medication assistance to alleviate physical withdrawal symptoms and aid with the obsession to use while partially blocking the effects of other opiates like prescription medicine or heroin. Studies have shown that people taking buprenorphine medication for treatment of opioid use disorder tend to be more successful in comparison to outpatient therapy programs.</p> <p>The medication assists recovery by managing the physical withdrawal symptoms which then allow a person to gain control of their life and concentrate on their therapy and most importantly their recovery. Red Rock BHS MAT Clinic provides clients with a “Recovery Team” consisting of highly qualified physicians, licensed alcohol and drug therapists, case management, in-house pharmacy, and peer recovery support specialists who assist 24 hours a day 7 days per week if needed.</p> <p>Any person, age 18 and over, with an addiction to opioids, heroin, or have an opioid use diagnosis who are also willing to commit to recovery through the use of medication, therapy, random medication compliance testing, and attendance of additional recovery support groups are eligible for services.</p> <p>The MAT Clinic welcomes you with the philosophy that any and every person deserves a chance to recover! We would be honored to be part of your journey to a new and healthy life.</p> <p>OKLAHOMA CITY PLANET ROCK 4130 N LINCOLN OKLAHOMA CITY, OK 73105 (405) 424-7711 Regional Program Director: Stacie Maze</p> <p><i>Children's outpatient therapy services</i>, case management services, screening intake and referral services, psychiatric rehabilitation services, medication clinic services, services to homeless individuals, peer support services, emergency services, wellness activities and support, Health Team services for children</p> <p>EXPRSSESSIONS/LGBTQ 2245 NW 39TH OKLAHOMA CITY, OK 73112 (405) 528-2210 Prevention Educator: Mike Maus</p> <p>Outpatient therapy services, case management services, screening intake and referral services, psychiatric rehabilitation services, services to homeless individuals, peer support services, emergency services</p> <p>HOUSING — PARKVIEW PLACE OKLAHOMA CITY, OK 73103 (405) 525-3959 Director of Housing: Amy Barnett</p> <p>Community living program, case management, services to homeless individuals, psychiatric rehabilitation services</p> <p>HOUSING — PARK SIDE OKLAHOMA CITY, OK 73103 (405) 525-3959 Director of Housing: Amy Barnett</p> <p>Community living program, case management, services to homeless individuals, psychiatric rehabilitation services</p> <p>HOUSING — SUNSET LODGE- WOMEN ONLY OKLAHOMA CITY, OK 73103 (405) 525-3959 Director of Housing: Amy Barnett</p> <p>Community living program, case management, services to homeless individuals, psychiatric rehabilitation services</p> <p>HOUSING — WESTERN LODGE - MALE OKLAHOMA CITY, OK 73103 (405) 525-3959</p>
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Cedar Ridge	Cedar Ridge Behavioral Hospital 6501 N.E. 50th Street Oklahoma City, OK 73141 Phone: 405-605-6111 Cedar Ridge Behavioral Hospital at Bethany 7600 NW 23rd St. Bethany, OK 73008 Phone: 405-792-5330	405-605-6111	https://cedaridgebhs.com/	Cedar Ridge Behavioral Hospital provides inpatient psychiatric and residential treatment services for children. Our treatment programs provide a structured and supportive treatment environment that promotes self acceptance and helps stabilize patients suffering from acute psychiatric illness. Our multidisciplinary treatment teams consist of psychiatrists, licensed therapists and highly-specialized nurses who collaborate to develop and implement effective and compassionate treatment plans for our patients.
Integrus Mental Health Spencer	2601 N Spencer Rd Spencer, OK 73084	405-427-2441	https://integrusok.com/locations/mental-health/integrus-mental-health-spencer/services/childrens-mental-health-services/child-and-adolescent-programs	<p>Mental Health Services INTEGRIS Mental Health staff provides the following services to assist you in your time of need. Click on the links below to learn more about some of the mental health services we offer in Oklahoma City and across Oklahoma.</p> <p>Children's Mental Health Services When situations arise that trigger powerful emotions in children – the loss of a parent, abuse or neglect – they sometimes don't have the coping skills and support necessary to prevent disruptive and unhealthy behaviors.</p> <p>Adolescent Mental Health Services Adolescence is a time of restlessness, when teenagers are filled with anxiety about their status in the world and excitement about possibilities for their futures. They begin to pull away from their parents and struggle with finding their own identities. They face many challenges, such as peer pressure, increasing drug and alcohol use and escalating violence.</p> <p>Adult Mental Health Services Talking about emotional or behavioral problems is difficult for most people. Yet tens of millions of Americans experience emotional or mental disorders, disorders caused by complex biological, hormonal, genetic, chemical and psychosocial factors. These problems can show up in feelings of despair and hopelessness, in anxiousness, in a sense of distance from family and friends, and in other ways.</p> <p>Senior Mental Health Services Memory loss, depression, anxiety, acute psychosis, substance abuse. A wide range of psychological, behavioral and emotional conditions – and confusion about where to turn for help – can be especially frightening when they affect seniors. It's not part of the normal aging process to experience these conditions.</p> <p>Decisions Mental Health and Substance Abuse Treatment Programs</p>
SSM Health St Anthony South	2129 S.W. 59th St. Oklahoma City, OK 73119	405-685-6671	https://www.ssmhealth.com/locations/st-anthony-south	<p>Located in Oklahoma City, SSM Health St. Anthony South is focused on the mental well-being of our patients. As part of SSM Health Behavioral Health, we are one of the area's most trusted mental health care providers.</p> <p>We offer several programs, including:</p> <p>START, for individuals suffering with chemical or substance dependency Geriatric Diagnostic Center Adult Unit Positive Outcomes Program for male juvenile sexual offenders, ages 13-17 Stages, partial hospitalization and intensive outpatient mental health services</p>
ACCENTs Program		405.231.8809	N/A (Referral Only)	Must have a disability
Helpful Websites:				

SSM Health			https://www.ssmhealth.com/mental-health/mental-health-for-children-and-teens-in-oklahoma	
OCCC Non-emergency Mental Health			https://occc.edu/support/mentalhealth2.html	
Mercy Behavioral Mental Health			https://www.mercy.net/practice/mercy-clinic-behavioral-health-coletta/	
OKC Indian Clinic			http://okcic.com/	